

# 10 Ways

HOSPICE & PALLIATIVE CARE BENEFIT YOU



Family Hospice  
& Palliative Care

[www.familyhospice.com](http://www.familyhospice.com) • 1-800-513-2148

# 1.

## HOSPICE AND PALLIATIVE CARE SERVICES CAN HELP YOU OR A LOVED ONE.

Family Hospice and Palliative Care provides compassionate comfort care to persons with a life-limiting illness and their loved ones. A team of dedicated nurses, counselors and volunteers offers physical, emotional, and spiritual support.

All services are based on the foundations of patient choice, dignity, and respect.

# 2.

## HOSPICE AND PALLIATIVE CARE PROVIDES CARE AND SUPPORT TO ANYONE WITH A LIFE-LIMITING ILLNESS.

Family Hospice and Palliative Care's services are available to anyone with a serious or chronic illness, regardless of age, and are not just for people with cancer. We care for people whose life expectancy is months rather than years.

The sooner the hospice and palliative care team is consulted, the greater the benefit.

# 3.

## HOSPICE AND PALLIATIVE CARE SERVICES ARE DELIVERED WHEREVER A PATIENT MAY BE.

Family Hospice and Palliative Care offers different levels of services to meet the varying needs of patients, families, friends and caregivers. Care is provided where you live – in your home, a personal care or nursing home, the hospital or one of our hospice facilities.

Your Family Hospice and Palliative Care team will help you transition seamlessly between settings and levels of care when needed and desired.

# 4.

## WHAT SERVICES ARE AVAILABLE THROUGH FAMILY HOSPICE AND PALLIATIVE CARE?

Family Hospice and Palliative Care provides a wide range of services in order to meet the individual needs of all patients and their loved ones. The hospice team coordinates regular visits by nurses, home health aides and social workers in order to optimize the patient's comfort and quality of life. If desired, the spiritual care counselor or volunteer may visit to listen and offer support. Therapies such as physical, speech and occupational are available as well as complementary therapies including massage, music, art and pet therapy to aid in self-expression and well being.

# 5.

## WITH FAMILY HOSPICE AND PALLIATIVE CARE, YOU CAN KEEP YOUR OWN DOCTOR.

Your physician is an integral part of the Family Hospice and Palliative care team. The hospice nurse is your physician's eyes and ears, and makes recommendations to address pain and other symptoms. With the Family Hospice and Palliative care team, your physician directs a plan of care that is tailored to your unique needs. Regular communication with your physician is an important component of Hospice and Palliative Care services.

# 6.

## HOSPICE AND PALLIATIVE CARE SERVICES ARE COVERED BY INSURANCE.

Most major healthcare plans, including Medicare and Medicaid, cover hospice and palliative care services. Coverage generally includes visits by the Hospice and Palliative Care team, medical equipment such as a hospital bed, wheelchair or oxygen, therapies and medications.

# 7.

## FAMILY HOSPICE AND PALLIATIVE CARE OFFERS TWO PROGRAMS.

**The Hospice Program** focuses on a plan for living, addressing your comfort and quality of life.

**The Palliative Home Care Program** is for those who are seeking treatment for the life-limiting illness.

Family Hospice and Palliative Care offers flexibility and options for care.

# 8.

**NO MATTER WHAT YOU FACE,  
WE ARE WITH YOU.**

Family Hospice and Palliative Care is just a phone call away. Regular team visits are coordinated with you and your loved ones to continually support your needs.

Your hospice team is on-call,  
24 hours/7 days a week.

# 9.

## FAMILY HOSPICE AND PALLIATIVE CARE IS COMMITTED TO YOU AND YOUR LOVED ONES.

Families and friends are also affected when a loved one is very sick. We are committed to serving all those in your circle of care. Family Hospice and Palliative Care offers counseling services to listen and offer support, volunteers to give caregivers a break, and bereavement after care.

This is our commitment to you.

# 10.

## HOW DO I CONTACT FAMILY HOSPICE AND PALLIATIVE CARE?

Just call us at 1-800-513-2148 and talk with one of our staff. A visit will be arranged so that you can talk, in person, with a representative about your individual needs. We can contact your physician on your behalf, check your insurance, and coordinate the services that best meet your needs.

Family Hospice and Palliative Care cares for patients and their loved ones throughout Western Pennsylvania.



# Family Hospice & Palliative Care

The mission of Family Hospice and Palliative Care is to provide compassionate, quality comfort care that enhances the lives of people with a life-limiting illness and their families.

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*Offices in Mt. Lebanon, Pittsburgh, Bellevue and Hermitage*